



# HAPPY HOUR MENU

Available Sunday to Friday 5pm - 6.45pm and  
Saturday 5pm - 6pm

## STARTERS

**Soup of the Day** £2.95  
(Nearly always vegetarian but it's always best to ask)  
Served with crusty bread

**Calamari** £4.95  
Coated in a salt and pepper dusting, served with a garlic and herb aioli dip

**Prawn Cocktail** £4.95  
Small prawns with a cocktail sauce, topped with crisp salad

**S Italian Bruschetta** £3.95  
Diced San Marzano tomatoes, onions and basil served on a toasted ciabatta with Pecorino cheese shavings  
**LOW FAT + LOW CALORIE**  
Drop the Pecorino cheese to make it (ve)

**Potato Skins (v)** £3.35  
Served with garlic mayonnaise

**Pan-fried Mushrooms (v)** £3.35  
Sautéed in garlic and cream with toasted ciabatta

## ANY PIZZA OR PASTA

### £5.95

+£1.00 for Seafood Pizza/Pasta, Beef Fillet and Calzone

## HAPPY HOUR DRINKS

BOTTLE OF HOUSE  
WHITE, RED OR  
ROSÉ WINE

### £9.95

(v) Vegetarian (ve) Vegan (gf) Gluten Free **S** Skinnylicious

Before placing your order please inform a member of staff if you, or anyone in your party, has a food allergy. Our products may contain wheat, egg, dairy, soy, fish allergens. In addition, our products may be processed in facilities that process tree nuts and peanuts.

# MAIN COURSES

All of our main courses are served with either a daily selection of vegetables, double-dipped chunky chips or salad. Or go **S** by opting for the vegetables or salad on the dishes indicated.

**S** 8oz Rump Steak (gf) £9.95

A tasty cut, fairly tender.  
Choose from one of the following sauces;

**Picante**

**Diane**

**Peppercorn**

**LOW CARB + LOW CALORIE**  
(without sauce)

**S** Pan-fried Seabass (gf) £9.95

On a bed of tomato spaghetti with a  
lemon dressing

**LOW FAT + LOW CALORIE**

Fish Goujons £9.95

Battered lemon sole served with a  
homemade tartare sauce

Beef Stroganoff £9.95

Strips of beef fillet with mushrooms,  
onions and gherkins tossed in paprika  
with a creamy sauce

**S** Chicken Picante (gf) £8.95

Breast of chicken served in a spicy sauce

**LOW FAT + LOW CARB + LOW CALORIE**

Gamberoni £10.95

Pan-fried king, tiger and Greenland  
prawns with one of the following sauces;

**White wine and garlic butter**

**Tomato, chili and garlic (gf)**

Chicken Rosemary (gf) £8.95

Breast of chicken served in a creamy  
rosemary and mushroom sauce

## KIDS HAPPY HOUR

ANY HALF PORTION OF  
PIZZA OR PASTA

£3.65

KIDS MAKE  
THEIR OWN  
PIZZA

WITH AN ICE CREAM  
AND A SOFT DRINK

... £4.95 ...

(STRICTLY UNDER 12'S)

## DESSERTS

Profiteroles (v) £3.45

Served with chocolate sauce

Honey Panna Cotta £3.45

Served with ginger and poached rhubarb

Gelato (v) £2.05

Trio of ice cream served with fruit coulis

Classic Tiramisu (v) £3.45

Layers of mascarpone and sponge,  
flavoured with espresso and chocolate

Chocolate Brownie (v) £3.45

Served with ice cream